

Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: MZK

Coachinfo: Warming up from: 13:30 until 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: MOERMAN Helena HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE WOMEN 10-9 **Heat:2, starttime: 14:32**

Heat: 2/2 Lane : 6 Athlete: VAN LIERDE EUGENIE **Q-time: 01:28:16**

PB (25m pool): 01:28.16 Diksmuide 08/02/2026 **PB (50m pool): no time** **SB: 01:28.16** Diksmuide 08/02/2026

	25 M	50 M	75 M	100 M	
PB		00:40.42		01:28.16	
		<i>00:40.42</i>		<i>00:47.74</i>	
	

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 10-9 **Heat:2, starttime: 14:37**

Heat: 2/2 Lane : 4 Athlete: DERVAUX EWOUT **Q-time: 01:16:95**

PB (25m pool): 01:16.95 Diksmuide 08/02/2026 **PB (50m pool): 01:24.14** **SB: 01:16.95** Diksmuide 08/02/2026

	25 M	50 M	75 M	100 M	
PB		00:35.32		01:16.95	
		<i>00:35.32</i>		<i>00:41.63</i>	
	

Coach feedback:

Event number: 3: 100M MEDLEY WOMEN 11+ **Heat:4, starttime: 14:46**

Heat: 4/8 Lane : 5 Athlete: DECOMBLE LIZE **Q-time: 01:20:57**

PB (25m pool): 01:20.57 Nijlen 16/11/2025 **PB (50m pool): no time** **SB: 01:20.57** Nijlen 16/11/2025

	25 M	50 M	75 M	100 M	
PB		no time		01:20.57	
		<i>no time</i>			
	

Coach feedback:

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Event number: 4: 100M MEDLEY MEN 11+				Heat:1, starttime: 14:55	
Heat: 1/7 Lane : 2 Athlete: DHONDT MATTHIAS				Q-time: 99:99:99	
PB (25m pool): no time		PB (50m pool): no time		SB: no time	
	25 M	50 M	75 M	100 M	
PB		no time		no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 4: 100M MEDLEY MEN 11+				Heat:1, starttime: 14:55	
Heat: 1/7 Lane : 4 Athlete: VANMAELSAEKE LEON				Q-time: 01:30:01	
PB (25m pool): 01:30.01 Nijlen 16/11/2025		PB (50m pool): no time		SB: 01:30.01 Nijlen 16/11/2025	
	25 M	50 M	75 M	100 M	
PB		no time		01:30.01	
	<i>no time</i>				
	

Coach feedback:

Event number: 5: 100M BACKSTROKE MIXED 10-9				Heat:2, starttime: 15:11	
Heat: 2/2 Lane : 7 Athlete: VAN LIERDE EUGENIE				Q-time: 01:43:25	
PB (25m pool): 01:43.25 Veurne 19/10/2025		PB (50m pool): no time		SB: 01:43.25 Veurne 19/10/2025	
	25 M	50 M	75 M	100 M	
PB		00:48.73		01:43.25	
	<i>00:48.73</i>		<i>00:54.52</i>		
	

Coach feedback:

Event number: 6: 100M FREESTYLE WOMEN 11+				Heat:2, starttime: 15:16	
Heat: 2/7 Lane : 2 Athlete: DECOMBLE LIZE				Q-time: 01:12:56	
PB (25m pool): 01:13.02 Nijlen 16/11/2025		PB (50m pool): 01:12.56		SB: 01:13.02 Nijlen 16/11/2025	
	25 M	50 M	75 M	100 M	
PB		00:33.57		01:13.02	
	<i>00:33.57</i>		<i>00:39.45</i>		
	

Coach feedback:

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Event number: 7: 100M FREESTYLE MEN 11+				Heat:2, starttime: 15:28	
Heat: 2/7 Lane : 3 Athlete: VANMAELSAEKE LEON				Q-time: 01:13:75	
PB (25m pool): 01:18.39 Nijlen 16/11/2025			PB (50m pool): 01:13.75 SB: 01:18.39 Nijlen 16/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:37.78		01:18.39	
	00:37.78		00:40.61		
	

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 16:03	
Heat: 3/4 Lane : 2 Athlete: DECOMBLE LIZE				Q-time: 01:24:21	
PB (25m pool): 01:24.21 Diksmuide 08/02/2026			PB (50m pool): 01:26.98 SB: 01:24.21 Diksmuide 08/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:40.08		01:24.21	
	00:40.08		00:44.13		
	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MIXED 10-9				Heat:1, starttime: 16:11	
Heat: 1/1 Lane : 3 Athlete: DERVAUX EWOUT				Q-time: 01:44:71	
PB (25m pool): 01:44.71 Zwevegem 11/05/2025			PB (50m pool): no time SB: no time		
	25 M	50 M	75 M	100 M	
PB		00:48.12		01:44.71	
	00:48.12		00:56.59		
	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+				Heat:1, starttime: 16:22	
Heat: 1/4 Lane : 5 Athlete: DHONDT MATTHIAS				Q-time: 01:38:77	
PB (25m pool): 01:38.77 Veurne 19/10/2025			PB (50m pool): no time SB: 01:38.77 Veurne 19/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:48.35		01:38.77	
	00:48.35		00:50.42		
	

Coach feedback:

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Event number: 14: 100M BUTTERFLY MEN 11+				Heat:1, starttime: 16:34	
Heat: 1/2 Lane : 2 Athlete: VANMAELSAEKE LEON				Q-time: 01:34:17	
PB (25m pool): 01:34.17 LEUVEN 21/12/2025			PB (50m pool): 01:21.96 SB: 01:34.17 LEUVEN 21/12/2025		
	25 M	50 M	75 M	100 M	
PB		00:42.79		01:34.17	
	00:42.79		00:51.38		
	

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 11+				Heat:1, starttime: 16:34	
Heat: 1/2 Lane : 8 Athlete: DHONDT MATTHIAS				Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): 01:40.79 SB: no time		
	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	

Coach feedback: